

Do you need help from a neighbour?

Dear neighbour. Are you self-isolating due to COVID-19?

Give me a call or text me, and I will do my best to help.

My name is _____

I live locally at _____

My number is _____

I can help with:

- Picking up shopping
- Picking up mail or medicine
- A friendly phone call
- Carry down garbage
- Walk your dog
- _____
- _____

Prevent infection. I will help on the following terms:

- We will have no physical contact (2m distance)
- We clean our hands regularly, especially before and after exchanging physical materials
- We follow the recommendations of the Danish Health Authority

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